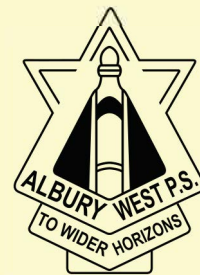


# ALBURY WEST PUBLIC SCHOOL CANTEEN MENU - 2019



## SANDWICHES

**White or Wholemeal Bread**

White rolls - plus 50c

Gluten-free bread - plus 40c

**Meat & Salad** (Ham, Chicken, Roast Beef) **\$4.00** ●

**Meat only** **\$3.50** ●

**Ham & Cheese** **\$3.50** ●

GF **Salad Only** **\$3.50** ●

GF **Cheese & Tomato** **\$3.50** ●

GF **Cheese** **\$3.00** ●

GF **Tomato** **\$3.00** ●

**Vegemite** **\$2.50** ●

**Cold Chicken Wrap** - (cold roast chicken and salad) **\$4.00** ●



## TOASTED SANDWICHES

GF **Chicken & Cheese** **\$4.20** ●

**Ham & Cheese** **\$4.00** ●

**Ham, Cheese & Tomato** **\$4.50** ●

GF **Cheese & Tomato** **\$4.00** ●

GF **Cheese** **\$3.50** ●



## DRINKS

**Warm Milo** **\$1.50** ●

GF **Spring Water** **\$1.00** ●

GF **Flavoured Milk** (Chocolate, Strawberry) **\$1.50** ●

GF **Juice Box** (Apple, Orange, Apple-Blackcurrant) **\$1.00** ●

**Milkshake** (Chocolate, Strawberry, Lime, Caramel) **\$1.50** ●

GF **Slushy** (Strawberry, Orange-Mango) **\$1.50** ●



## HOT FOOD

**Pizza** (Ham & Pineapple, BBQ Chicken) **\$3.00** ●

**Chicken Nuggets** **\$0.50** ▲

**Chicken Crackles** (Breast Chicken) **\$0.60** ▲

GF **Fried Rice** **\$3.50** ●

**Steamed Dim Sims** **\$0.50** ●

**Seasoned Potato Wedges** **\$2.00** ▲

**Chicken Burger** (w. Lettuce & Mayo) **\$4.00** ●

**Cheese Burger** (100% Beef Burger with Cheese) **\$4.00** ●

**Roast Roll with Gravy** (Chicken, Beef) **\$4.00** ●

**Hot Chicken Wrap** (w. lettuce & mayo) **\$4.00** ●

**Lasagne** **\$5.00** ●

GF **Butter Chicken with Rice** **\$3.50** ●

GF **Soup** (Various, seasonal) **\$2.50** ●

## SNACK FOODS

GF **Popcorn** **\$0.20** ●

**Pikelet** **\$0.30** ●

**Moon Rock** **\$0.40** ▲

**Chocolate Mousse** **\$0.80** ▲

GF **Custard Cup** **\$0.50** ●

GF **Quelch Icy Pole Tube** (5 flavours) **\$0.50** ●

GF **Moosie** (Chocolate, Blue Moon) **\$1.50** ▲

GF **Frozen Twisted Yoghurt** (Choc-Vanilla) **\$3.00** ▲

GF **Frozen Juicies** (Orange, Tropical) **\$1.20** ●

GF **Frozen Juice Cup** (Apple, Orange, Apple-Blackcurrant) **\$0.50** ●

GF **Frozen Fruit Bite** (Yogurt & Fruit) **\$0.30** ●

GF **Frozen Pineapple Ring** **\$0.20** ●

**Fruit Muffin** **\$1.00** ▲

GF **Fresh Seasonal Fruit** (Depending on availability) **Assorted Prices** ●

## Healthy Foods Canteen Policy

● **Everyday** - Foods that can be eaten regularly

▲ **Occasional** - Foods that should be eaten only sometimes

GF **Gluten Free** Note: While every effort is taken to keep gluten-free foods separate from foods containing gluten, please be aware that the Canteen cannot guarantee any item is completely free of allergens

Lunch orders to be placed in order box  
at canteen by 9am

**DEFINITELY NO CREDIT**