

ALBURY WEST PUBLIC SCHOOL CANTEEN MENU - 2019



SANDWICHES

White or Wholemeal Bread

White rolls - plus 50c

Gluten-free bread - plus 40c

Meat & Salad (Ham, Chicken, Roast Beef) **\$4.00 ●**

Meat only **\$3.50 ●**

Ham & Cheese **\$3.50 ●**

GF **Salad Only** **\$3.50 ●**

GF **Cheese & Tomato** **\$3.50 ●**

GF **Cheese** **\$3.00 ●**

GF **Tomato** **\$3.00 ●**

Vegemite **\$2.50 ●**

Cold Chicken Wrap - (cold roast chicken and salad) **\$4.00 ●**



TOASTED SANDWICHES

GF **Chicken & Cheese** **\$4.20 ●**

Ham & Cheese **\$4.00 ●**

Ham, Cheese & Tomato **\$4.50 ●**

GF **Cheese & Tomato** **\$4.00 ●**

GF **Cheese** **\$3.50 ●**



DRINKS

Warm Milo **\$1.50 ●**

GF **Spring Water** **\$1.00 ●**

GF **Flavoured Milk** (Chocolate, Strawberry) **\$1.50 ●**

GF **Juice Box** (Apple, Orange, Apple-Blackcurrant) **\$1.00 ●**

Milkshake (Chocolate, Strawberry, Lime, Caramel) **\$1.50 ●**

GF **Slushy** (Strawberry, Orange-Mango) **\$1.50 ●**



HOT FOOD

Pizza (Ham & Pineapple, BBQ Chicken) **\$3.00 ●**

Chicken Nuggets **\$0.50 ▲**

Chicken Crackles (Breast Chicken) **4 for \$2.00 or \$0.60 ea ▲**

GF **Fried Rice** **\$3.50 ●**

Steamed Dim Sims **\$0.50 ●**

Seasoned Potato Wedges **\$2.00 ▲**

Chicken Burger (w. Lettuce & Mayo) **\$4.00 ●**

Cheese Burger (100% Beef Burger with Cheese) **\$4.00 ●**

Roast Roll with Gravy (Chicken, Beef) **\$4.00 ●**

Hot Chicken Wrap (w. lettuce & mayo) **\$4.00 ●**

Lasagne **\$5.00 ●**

GF **Butter Chicken with Rice** **\$3.50 ●**

GF **Soup** (Various, seasonal) **\$2.50 ●**

SNACK FOODS

GF **Popcorn** **\$0.20 ●**

Pikelet **\$0.30 ●**

Moon Rock **\$0.40 ▲**

Chocolate Mousse **\$0.80 ▲**

GF **Custard Cup** **\$0.50 ●**

GF **Quelch Icy Pole Tube** (5 flavours) **\$0.50 ●**

GF **Moosie** (Chocolate, Blue Moon) **\$1.50 ▲**

GF **Frozen Twisted Yoghurt** (Choc-Vanilla) **\$3.00 ▲**

GF **Frozen Juicies** (Orange, Tropical) **\$1.20 ●**

GF **Frozen Juice Cup** (Apple, Orange, Apple-Blackcurrant) **\$0.50 ●**

GF **Frozen Fruit Bite** (Yogurt & Fruit) **\$0.30 ●**

GF **Frozen Pineapple Ring** **\$0.20 ●**

Fruit Muffin **\$1.00 ▲**

GF **Fresh Seasonal Fruit** (Depending on availability) **Assorted Prices ●**

Healthy Foods Canteen Policy

● **Everyday** - Foods that can be eaten regularly

▲ **Occasional** - Foods that should be eaten only sometimes

GF **Gluten Free**

Note: While every effort is taken to keep gluten-free foods separate from foods containing gluten, please be aware that the Canteen cannot guarantee any item is completely free of allergens

Lunch orders to be placed in order box
at canteen by 9am

DEFINITELY NO CREDIT